



**Co-Dependents Anonymous, Inc.**  
**Conference Endorsed Literature and Materials**  
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**Conference Endorsed Literature & Coins Pamphlets**

	Quantity	\$Amount
4010B	What is CoDA?	_____
4001	Welcome to CoDA	_____
4002	Am I Codependent?	_____
4003	Attending Meetings	_____
4004	Sponsorship in CoDA	_____
4005	Communication & Recovery	_____
4104	Establishing Boundaries in Recovery	_____
4009	Using the Twelve Traditions	_____
4012	Information for Professionals	_____
4011B	Your First Meeting	_____
<b>Total:</b>	<b>_____ X \$ .35 Ea.....</b>	<input type="text"/>

**Booklets**

4016	Tools for Recovery	_____
4017	Common Threads of Codependency	_____
4018	Experiences with Crosstalk	_____
4019	Making Choices	_____
4020	Carrying the Message	_____
4021	Peeling the Onion	_____
4101	Newcomers Handbook	_____
4023	Sponsorship: What's In It For Me?	_____
4103	Twelve Step Handbook	_____
4022	Building CoDA Community	_____
4024	The Twelve-Piece Relationship Toolkit	_____
<b>Total:</b>	<b>_____ X \$ 3.00 Ea.....</b>	<input type="text"/>

**Books**

6005	12 Steps & 12 Traditions	_____ X \$15.00 Ea.	<input type="text"/>
1002	CoDA Big Book	_____ X \$15.00 Ea.	<input type="text"/>
1003	CoDA Pocket Edition Book	_____ X \$10.50 Ea.	<input type="text"/>
1011	In This Moment	_____ X \$12.50 Ea.	<input type="text"/>
<b>Total:</b>	<b>.....</b>	<input type="text"/>	

**CoDA Special Items**

7001	Affirmations Booklet	_____ X \$ 2.00 Ea.	<input type="text"/>
7002	Serenity Bookmarks (4)	_____ X \$ 1.50 Ea.	<input type="text"/>
7003	Book of Prayers	_____ X \$ 3.50 Ea.	<input type="text"/>
2001	Fellowship Service Manual	_____ X \$ 12.25 Ea.	<input type="text"/>
2205	Institutional Meeting Handbook	_____ X \$ 5.25 Ea.	<input type="text"/>
2002	CoDA Meeting Handbook	_____ X \$ 7.15 Ea.	<input type="text"/>
<b>Total:</b>	<b>.....</b>	<input type="text"/>	

**CoDA Chips**

	Quantity	\$Amount
Welcome (Silver)	_____	
One Month (Green)	_____	
Two Months (Purple)	_____	
Three Months (Blue)	_____	
Six Months (Red)	_____	
Nine Months (Gold)	_____	
<b>Total:</b>	<b>_____ X .75 Ea.....</b>	<input type="text"/>

**CoDA Medallions**

One Year	_____
Two Years	_____
Three Years	_____
Four Years	_____
Five Years	_____
Six Years	_____
Seven Years	_____
Eight Years	_____
Nine Years	_____
Ten Years	_____
Eleven Years	_____
Twelve Years	_____
Thirteen Years	_____
Fourteen Years	_____
Fifteen Years	_____
Sixteen Years	_____
Seventeen Years	_____
Eighteen Years	_____
Nineteen Years	_____
Twenty Years	_____
Twenty One Years	_____
Twenty Two Years	_____
Twenty Three Years	_____
Twenty Four Years	_____
Twenty Five Years	_____
Twenty Six Years	_____
Twenty Seven Years	_____
Twenty Eight Years	_____
Twenty Nine Years	_____
Thirty Years	_____
Thirty One Years	_____
Thirty Two Years	_____

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## **Pamphlets - Single page, z-folded CoDA literature**

- 4010B What is CoDA? - An introduction to Co-Dependents Anonymous. Features a basic list of characteristics for self-evaluation.
- 4001 Welcome to CoDA - Includes the CoDA Welcome and the Twelve Steps. Perfect for the newcomer.
- 4002 Am I Codependent? - Lists patterns and characteristics of codependency.
- 4003 Attending Meetings - Explains how CoDA meetings work and how to participate.
- 4004 Sponsorship in CoDA - An overview of the principles of sponsorship.
- 4005 Communication & Recovery - A look at old (codependent) patterns of communication & how healthier communication can be learned.
- 4104 Establishing Boundaries in Recovery - An explanation of boundaries, an exploration of different types of boundaries and how they can be established and maintained in a healthy way.
- 4009 Using the Twelve Traditions - An explanation of each of the Twelve Traditions and how to apply them.
- 4012 Information for Professionals - An introduction of Co-Dependents Anonymous for the Professional. Ideal for counselors, doctors, or other professionals working in the recovery field. Combined with "Your First Meeting" it makes excellent Outreach Material.
- 4011B Your First Meeting - A pamphlet aimed at clients of professionals and new members.

## **Booklets - Multi-page, stapled CoDA literature.**

- 4016 Tools for Recovery - Members share experience, strength & hope about different tools they've found useful in their recovery.
- 4017 Common Threads of Codependency - Codependents talk about their codependency, recovery, relapse and authenticity.
- 4018 Experiences with Crosstalk - Experience, strength, and hope on what crosstalk is and how some members deal with it.
- 4019 Making Choices - Offers guidance in recognizing how to make choices that support our recovery. Explores healthy v codependent behaviors in various circumstances.
- 4020 Carrying the Message - Practical examples of healthy service work essential to the continuation of any meeting and to CoDA as a whole. How to say "yes" to service work.
- 4021 Peeling the Onion - Codependents look at love, sex, & relationship addiction and avoidance.
- 4101 Newcomers Handbook - A detailed description of the CoDA program. Includes copies of key documents used in recovery and meetings. Now in booklet size for easier reading.
- 4023 Sponsorship: What's In It For Me? - Addresses both sides of sponsorship. Explains why we need sponsors and identifies some of the personal benefits gained from sponsoring others.
- 4103 Twelve Step Handbook - A detailed look at each of the Twelve Steps and how they apply to daily life.
- 4022 Building CoDA Community - Recommendations that contribute to safe, strong, healthy meetings
- 4024 The Twelve-Piece Relationship Toolkit - The purpose of this booklet is to serve as a companion to CoDA's Twelve Steps and Twelve Traditions Workbook in support of our Tradition Three, a desire for healthy and loving relationships.

## **Books**

- 1002 CoDA Big Book- In-depth readings on recovery Steps and Traditions, our Fellowship, common questions, and personal stories from codependents.
- 1003 CoDA Pocket Edition Book- In-depth readings on recovery Steps and Traditions, our Fellowship and common questions, without the personal stories.
- 1011 In This Moment - Has a meditation for each day of the year, written by codependents for codependents.
- 6005 12 Steps & 12 Traditions - Takes the reader through the Steps & Traditions with a brief explanation followed by a series of questions. For individual or group study. Now spiral bound.

## **CoDA Special Items**

- 7001 Affirmations Booklet - A pocket-size collection of positive affirmations for recovering codependents.
- 7002 Serenity Bookmarks (set of four)
- 7003 CoDA Book of Prayers – Opening, Closing, Serenity, Steps and Making Choices Prayer
- 2001 Fellowship Service Manual - The structure of CoDA worldwide, the Board and Committees which serve the fellowship and guidelines for all levels of service from the home group to CoDA Service Conference (CSC). Free download available at [www.coda.org](http://www.coda.org).
- 2205 Institutional Meeting Handbook - CoDA Institutional Meeting Handbook – CoDA program information & general information for having a CoDA meeting in jails, prisons, and institutions. Free download available at [www.coda.org](http://www.coda.org).
- 2002 CoDA Meeting Handbook - CoDA program information, general information and documents to start and run a CoDA meeting. Free download available at [www.coda.org](http://www.coda.org).