



Co-Dependents Anonymous, Inc.

Conference Endorsed Literature and Materials

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Pamphlets (Bundles of 50)			Bundles	\$Amount	CoDA Coins		Quantity	\$Amount
4010	What is CoDA?				8090	Welcome (Silver)		
4001	Welcome to CoDA				8091	One Month (Green)		
4002	Am I Codependent?				8092	Two Months (Purple)		
4003	Attending Meetings				8093	Three Months (Blue)		
4004	Sponsorship in CoDA				8096	Six Months (Red)		
4005	Communication & Recovery				8099	Nine Months (Gold)		
4104	Establishing Boundaries in Recovery							
4009	Using the Twelve Traditions							
4012	Information for Professionals							
4011	Your First Meeting							
TOTAL BUNDLES (OF 50)								
Booklets		Quantity	\$Amount	CoDA Medallions		Quantity	\$Amount	
4016	Tools for Recovery			9001	One Year			
4017	Common Threads of Codependency			9002	Two Years			
4018	Experiences with Crosstalk			9003	Three Years			
4019	Making Choices			9004	Four Years			
4020	Carrying the Message			9005	Five Years			
4021	Peeling the Onion			9006	Six Years			
4025	Traditionally Speaking			9007	Seven Years			
4101	Newcomers Handbook			9008	Eight Years			
4023	Sponsorship: What's In It For Me?			9009	Nine Years			
4103	Twelve Step Handbook			9010	Ten Years			
4022	Building CoDA Community			9011	Eleven Years			
4024	The Twelve-Piece Relationship Toolkit			9012	Twelve Years			
TOTAL BOOKLETS								
Books		Quantity	\$Amount	CoDA Medallions		Quantity	\$Amount	
6005	12 Steps & 12Tradition	X		9013	Thirteen Years			
1002	CoDA Big Book	X		9014	Fourteen Years			
1003	CoDA Pocket Edition Book	X		9015	Fifteen Years			
1011	In This Moment	X		9016	Sixteen Years			
TOTAL BOOKS								
CoDA Special Items		Quantity	\$Amount	CoDA Medallions		Quantity	\$Amount	
7001	Affirmations Booklet	X		9017	Seventeen Years			
7002	Serenity Bookmarks (4)	X		9018	Eighteen Years			
7003	Book of Prayers	X		9019	Nineteen Years			
7004	Joy in the Journey	x		9020	Twenty Years			
2205	Institutional Meeting Hdbk	X		9021	Twenty One Years			
TOTAL SPECIAL ITEMS								
				TOTAL MEDALLIONS				

Pamphlets - Single page, z-folded CoDA literature

- 4010 What is CoDA? - An introduction to Co-Dependents Anonymous. Features a basic list of characteristics for self-evaluation.
- 4001 Welcome to CoDA - Includes the CoDA Welcome and the Twelve Steps. Perfect for the newcomer.
- 4002 Am I Codependent? - Lists patterns and characteristics of codependency.
- 4003 Attending Meetings - Explains how CoDA meetings work and how to participate.
- 4004 Sponsorship in CoDA - An overview of the principles of sponsorship.
- 4005 Communication & Recovery - A look at old (codependent) patterns of communication & how healthier communication can be learned.
- 4104 Establishing Boundaries in Recovery - An explanation of boundaries, an exploration of different types of boundaries and how they can be established and maintained in a healthy way.
- 4009 Using the Twelve Traditions - An explanation of each of the Twelve Traditions and how to apply them.
- 4012 Information for Professionals - An introduction of Co-Dependents Anonymous for the Professional. Ideal for counselors, doctors, or other professionals working in the recovery field. Combined with "Your First Meeting" it makes excellent Outreach Material.
- 4011 Your First Meeting - A pamphlet aimed at clients of professionals and new members.

Booklets - Multi-page, stapled CoDA literature.

- 4016 Tools for Recovery - Members share experience, strength & hope about different tools they've found useful in their recovery.
- 4017 Common Threads of Codependency - Codependents talk about their codependency, recovery, relapse and authenticity.
- 4018 Experiences with Crosstalk - Experience, strength, and hope on what crosstalk is and how some members deal with it.
- 4019 Making Choices - Offers guidance in recognizing how to make choices that support our recovery. Explores healthy v codependent behaviors in various circumstances.
- 4020 Carrying the Message - Practical examples of healthy service work essential to the continuation of any meeting and to CoDA as a whole. How to say "yes" to service work.
- 4021 Peeling the Onion - Codependents look at love, sex, & relationship addiction and avoidance.
- 4025 Traditionally Speaking - This booklet expands our understanding of CoDA's Twelve Traditions.
- 4101 Newcomers Handbook - A detailed description of the CoDA program. Includes copies of key documents used in recovery and meetings. Now in booklet size for easier reading.
- 4023 Sponsorship: What's In It For Me? - Addresses both sides of sponsorship. Explains why we need sponsors and identifies some of the personal benefits gained from sponsoring others.
- 4103 Twelve Step Handbook - A detailed look at each of the Twelve Steps and how they apply to daily life.
- 4022 Building CoDA Community - Recommendations that contribute to safe, strong, healthy meetings
- 4024 The Twelve-Piece Relationship Toolkit - The purpose of this booklet is to serve as a companion to CoDA's Twelve Steps and Twelve Traditions Workbook in support of our Tradition Three, a desire for healthy and loving relationships.

Books

- 1002 CoDA Big Book- In-depth readings on recovery Steps and Traditions, our Fellowship, common questions, and personal stories from codependents.
- 1003 CoDA Pocket Edition Book- In-depth readings on recovery Steps and Traditions, our Fellowship and common questions, without the personal stories.
- 1011 In This Moment - Has a meditation for each day of the year, written by codependents for codependents.
- 6005 12 Steps & 12Traditions - Takes the reader through the Steps & Traditions with a brief explanation followed by a series of questions. For individual or group study. Now spiral bound.

CoDA Special Items

- 7001 Affirmations Booklet - A pocket-size collection of positive affirmations for recovering codependents.
- 7002 Serenity Bookmarks (set of four)
- 7003 CoDA Book of Prayers – Opening, Closing, Serenity, Steps and Making Choices Prayer
- 7004 Joy In the Journey: Recover With Color - Adult coloring book featuring exploration of the Twelve Steps, Twelve Traditions and Twelve Concepts of Service
- 2205 Institutional Meeting Handbook - CoDA Institutional Meeting Handbook – CoDA program information & general information for having a CoDA meeting in jails, prisons, and institutions. Free download available at www.coda.org.