



# Co-Dependents Anonymous, Inc.

## Conference Endorsed Literature and Materials

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## CoDA CONFERENCE ENDORSED LITERATURE & COINS

Pamphlets (Bundles of 50)		Bundles	\$Amount	CoDA Coins		Quantity	\$Amount
4010	What is CoDA?	_____	_____	8090	Welcome (Silver)	_____	_____
4001	Welcome to CoDA	_____	_____	8091	One Month (Green)	_____	_____
4002	Am I Codependent?	_____	_____	8092	Two Months (Purple)	_____	_____
4003	Attending Meetings	_____	_____	8093	Three Months (Blue)	_____	_____
4004	Sponsorship in CoDA	_____	_____	8096	Six Months (Red)	_____	_____
4005	Communication & Recovery	_____	_____	8099	Nine Months (Gold)	_____	_____
4104	Establishing Boundaries in Recovery	_____	_____				
4009	Using the Twelve Traditions	_____	_____	TOTAL COINS _____		X \$0.70 ea.	_____
4012	Information for Professionals	_____	_____	CoDA Medallions		Quantity	\$Amount
4011	Your First Meeting	_____	_____	9001	One Year	_____	_____
TOTAL BUNDLES (OF 50) _____		\$25.00	_____	9002	Two Years	_____	_____

Booklets	Quantity	\$Amount
4016 Tools for Recovery		
4017 Common Threads of Codependency		
4018 Experiences with Crosstalk		
4019 Making Choices		
4020 Carrying the Message		
4021 Peeling the Onion		
4025 Traditionally Speaking		
4101 Newcomers Handbook		
4023 Sponsorship: What's In It For Me?		
4103 Twelve Step Handbook		
4022 Building CoDA Community		
4024 The Twelve-Piece Relationship Toolkit		
<b>TOTAL BOOKLETS</b>	<b>X</b>	<b>\$3.00 ea.</b>

Books	Quantity	\$Amount
6005 12 Steps & 12Tradition	_____ X <u>\$15.00</u>	_____
1002 CoDA Big Book	_____ X <u>\$14.00</u>	_____
1003 CoDA Pocket Edition Book	_____ X <u>\$6.00</u>	_____
1011 In This Moment	_____ X <u>\$12.50</u>	_____
<b>TOTAL BOOKS</b>	_____	_____

CoDA Special Items		Quantity		\$Amount	
7001	Affirmations Booklet	_____	X	<u>\$2.00</u>	_____
7002	Serenity Bookmarks (4)	_____	X	<u>\$1.50</u>	_____
7003	Book of Prayers	_____	X	<u>\$3.50</u>	_____
7004	Joy in the Journey	_____	x	<u>\$15.00</u>	_____
2205	Institutional Meeting Hdbk	_____	X	<u>\$5.50</u>	_____
TOTAL SPECIAL ITEMS					

CoDA Medallions		Quantity	\$Amount
9001	One Year		
9002	Two Years		
9003	Three Years		
9004	Four Years		
9005	Five Years		
9006	Six Years		
9007	Seven Years		
9008	Eight Years		
9009	Nine Years		
9010	Ten Years		
9011	Eleven Years		
9012	Twelve Years		
9013	Thirteen Years		
9014	Fourteen Years		
9015	Fifteen Years		
9016	Sixteen Years		
9017	Seventeen Years		
9018	Eighteen Years		
9019	Nineteen Years		
9020	Twenty Years		
9021	Twenty One Years		
9022	Twenty Two Years		
9023	Twenty Three Years		
9024	Twenty Four Years		
9025	Twenty Five Years		
9026	Twenty Six Years		
9027	Twenty Seven Years		
9028	Twenty Eight Years		
9029	Twenty Nine Years		
9030	Thirty Years		
9031	Thirty One Years		
9032	Thirty Two Years		
9033	Thirty Three Years		
9034	Thirty Four Years		
9035	Thirty Five Years		
9036	Thirty Six Years		
9037	Thirty Seven Years		
<b>TOTAL MEDALLIONS</b>		<b>X \$2.50 ea.</b>	

### **Pamphlets - Single page, z-folded CoDA literature**

- 4010 What is CoDA? - An introduction to Co-Dependents Anonymous. Features a basic list of characteristics for self-evaluation.
- 4001 Welcome to CoDA - Includes the CoDA Welcome and the Twelve Steps. Perfect for the newcomer.
- 4002 Am I Codependent? - Lists patterns and characteristics of codependency.
- 4003 Attending Meetings - Explains how CoDA meetings work and how to participate.
- 4004 Sponsorship in CoDA - An overview of the principles of sponsorship.
- 4005 Communication & Recovery - A look at old (codependent) patterns of communication & how healthier communication can be learned.
- 4104 Establishing Boundaries in Recovery - An explanation of boundaries, an exploration of different types of boundaries and how they can be established and maintained in a healthy way.
- 4009 Using the Twelve Traditions - An explanation of each of the Twelve Traditions and how to apply them.
- 4012 Information for Professionals - An introduction of Co-Dependents Anonymous for the Professional. Ideal for counselors, doctors, or other professionals working in the recovery field. Combined with "Your First Meeting" it makes excellent Outreach Material.
- 4011 Your First Meeting - A pamphlet aimed at clients of professionals and new members.

### **Booklets - Multi-page, stapled CoDA literature.**

- 4016 Tools for Recovery - Members share experience, strength & hope about different tools they've found useful in their recovery.
- 4017 Common Threads of Codependency - Codependents talk about their codependency, recovery, relapse and authenticity.
- 4018 Experiences with Crosstalk - Experience, strength, and hope on what crosstalk is and how some members deal with it.
- 4019 Making Choices - Offers guidance in recognizing how to make choices that support our recovery. Explores healthy v codependent behaviors in various circumstances.
- 4020 Carrying the Message - Practical examples of healthy service work essential to the continuation of any meeting and to CoDA as a whole. How to say "yes" to service work.
- 4021 Peeling the Onion - Codependents look at love, sex, & relationship addiction and avoidance.
- 4025 Traditionally Speaking - This booklet expands our understanding of CoDA's Twelve Traditions.
- 4101 Newcomers Handbook - A detailed description of the CoDA program. Includes copies of key documents used in recovery and meetings. Now in booklet size for easier reading.
- 4023 Sponsorship: What's In It For Me? - Addresses both sides of sponsorship. Explains why we need sponsors and identifies some of the personal benefits gained from sponsoring others.
- 4103 Twelve Step Handbook - A detailed look at each of the Twelve Steps and how they apply to daily life.
- 4022 Building CoDA Community - Recommendations that contribute to safe, strong, healthy meetings
- 4024 The Twelve-Piece Relationship Toolkit - The purpose of this booklet is to serve as a companion to CoDA's Twelve Steps and Twelve Traditions Workbook in support of our Tradition Three, a desire for healthy and loving relationships.

### **Books**

- 1002 CoDA Big Book- In-depth readings on recovery Steps and Traditions, our Fellowship, common questions, and personal stories from codependents.
- 1003 CoDA Pocket Edition Book- In-depth readings on recovery Steps and Traditions, our Fellowship and common questions, without the personal stories.
- 1011 In This Moment - Has a meditation for each day of the year, written by codependents for codependents.
- 6005 12 Steps & 12Traditions - Takes the reader through the Steps & Traditions with a brief explanation followed by a series of questions. For individual or group study. Now spiral bound.

### **CoDA Special Items**

- 7001 Affirmations Booklet - A pocket-size collection of positive affirmations for recovering codependents.
- 7002 Serenity Bookmarks (set of four)
- 7003 CoDA Book of Prayers – Opening, Closing, Serenity, Steps and Making Choices Prayer
- 7004 Joy In the Journey: Recover With Color - Adult coloring book featuring exploration of the Twelve Steps, Twelve Traditions and Twelve Concepts of Service
- 2205 Institutional Meeting Handbook - CoDA Institutional Meeting Handbook – CoDA program information & general information for having a CoDA meeting in jails, prisons, and institutions. Free download available at [www.coda.org](http://www.coda.org).