

Sponsorship: *What's in it for Me??*

Co-Dependents Anonymous

CO-DEPENDENTS ANONYMOUS

Sponsorship:
What's in It for Me?



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SPONSORSHIP:

What's in It for Me?

Overview

Sponsorship has been a part of the Co-Dependents Anonymous (CoDA) program at the local level from the very beginning, and literature was developed by the Fellowship to reflect CoDA's early experience with sponsorship. Over the years, our collective experience has grown; this handbook is intended to reflect our increased awareness.

This handbook addresses both parts of the sponsorship issue. In Part One of the handbook, we investigate the sponsee's point of view, which might sound like this: "I'm doing okay. I go to meetings. Why do I need a sponsor?" Once that question is answered, we often hear, "Okay, you've convinced me—having a sponsor is the next step. Now, what do I look for in a sponsor, and how do I find one?" We discuss these questions in detail, and finally, we address sponsees' responsibilities and rights.

Part Two of the handbook focuses on a continuing concern in CoDA, i.e., a lack of members willing to sponsor others, as well as a lack of sponsors who are actively working the Twelve Steps of Co-Dependents Anonymous. We look at some of the roadblocks to sponsorship and provide solid suggestions aimed at answering the question, "Why aren't more people coming forward as sponsors?" We also address the intrinsic questions members often have that highlight their