

Codependents Anonymous, Inc.

Conference Endorsed Literature and Materials

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CoDA CONFERENCE ENDORSED LITERATURE & COINS

| 4001 Welcome to CoDA 4002 Am I Codependent? 4003 Attending Meetings 4004 Sponsorship in CoDA 4005 Communication & Recovery 4009 Using the Twelve Traditions | | | 4001A \ 4002A \ 4003A \ 4004A \ 4005A \ 4009A \ | ETS (INDIVIDUAL) Welcome to CoDA Am I Codependent? Attending Meetings Sponsorship Communication & Recove Using the Twelve Tradition | | | | |
|--|--------------|--------|--|---|-------------|--------------------|--|--|
| 4010 What is CoDA? | | | 4010B What is CoDA? | | | | | |
| 4011 Your First Meeting | | | 4011A Your First Meeting | | | | | |
| 4013 Reparenting our Inner Child | | | | | | | | |
| 4014 CoDA Service Endorsed | | | 4013A Reparenting our Inner Child | | | | | |
| . Literature is Vital | | | 4014A CoDA Service Endorsed | | | | | |
| 4104 Establishing Boundaries | | | | iterature is Vital | | | | |
| • | | | 4104A I | Establishing Boundaries | | | | |
| TOTAL BUNDLES OF 50 \$ 25 | 5.00 EACH \$ | | _ | TOTAL INDIVIDUAL PAMPH | | \$1.00 EACH | | |
| Booklets | Quantit | ty \$A | mount | BOOKS Qua | ntity \$An | nount | | |
| 4016 Tools for Recovery 4017 Common Threads of Codepende 4018 Experiences with Crosstalk 4019 Making Choices 4020 Carrying the Message 4021 Peeling the Onion 4022 Building CoDA Community 4023 Sponsorship: What's in it for Me 4024 The Twelve-Piece Relationship T 4025 Traditionally Speaking 4101 Newcomer Handbook 4103 Twelve Step Handbook TOTAL BOOKLETS X \$ | ? Foolkit | | | Traditions 20 th Annix 6006 Growing up in CoDA 1002 CoDA Big Book 1003 CoDA Pocket Edition 1011 In this Moment Daily Meditation | x x x | \$15.00 \$15.00 | | |
| CoDA Special Items Quantit | ty \$Amo | unt | | CoDA Special Items | Quanti | ty \$Amount | | |
| 7001 Affirmations Booklet | x \$2 | 2.00 | | 7002 Serenity Bookmarks | s (4) | x \$1.50 | | |
| 7003 Book of Prayersx \$3.50 | | | 7004 Joy in the Journey | | | | | |
| 2205 Institutional Meeting Handbookx \$5.50 | | | | (Recovery Co | | | | |
| TOTAL | SPECIAL ITE | MS | | Total: \$ | | | | |

| 8090 Welcome | | | | | |
|----------------------|--------------------|-------------|---------------------------------|----------|-------------|
| 8091 One Month | | | | | |
| 8092 Two Month | | | | | |
| 8093 Three Mon | . , | | | | |
| 8096 Six Months | • • | | | | |
| 8099 Nine Mont | ns (Gold) | | | | |
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| 9002 Two Years | | | 9021 Twenty One Years | | |
| 9003 Three Years | | | 9022 Twenty Two Years | | |
| 9004 Four Years | | | 9023 Twenty Three Years | | |
| 9005 Five Years | | | 9024 Twenty Four Years | | |
| 9006 Six Years | | | 9025 Twenty Five Years | | |
| 9007 Seven Years | | | 9026 Twenty Six Years | | |
| 9008 Eight Years | | | 9027 Twenty Seven Years | | |
| 9009 Nine Years | | | 9028 Twenty Eight Years | | |
| 9010 Ten Years | | | 9029 Twenty Nine Years | | |
| 9011 Eleven Years | | | 9030 Thirty Years | | |
| 9012 Twelve Years | | | 9031 Thirty One Years | | |
| 9013 Thirteen Years | | | 9032 Thirty Two Years | | |
| 9014 Fourteen Years | | | 9033 Thirty Three Years | | |
| 9015 Fifteen Years | | | 9034 Thirty Four Years | | |
| 9016 Sixteen Years | | | 9035 Thirty Five Years | | |
| 9017 Seventeen Years | | | 9036 Thirty Six Years | | |
| 9018 Eighteen Years | | | 9037 Thirty Seven Years | | |
| 9019 Nineteen Years | | | 9038 Thirty Eight Years | | |
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CoDA Coins (Aluminum) Quantity \$Amount

Pamphlets - Single page, z-folded CoDA literature

- 4001 Welcome to CoDA Includes the CoDA Welcome and the Twelve Steps. Perfect for Newcomer.
- 4002 Am I Codependent? Lists patterns and characteristics of codependency
- 4003 Attending Meetings Explains how CoDA meetings work and how to participate.
- 4004 Sponsorship in CoDA An overview of the principles of sponsorship
- 4005 Communications and Recovery A look at old (codependent) patterns of communication and how healthier. communication can be learned.
- 4009 Using the Twelve Traditions An explanation of each of the Twelve Traditions and how to apply them.
- 4010 What is CoDA? An introduction to Co-Dependents Anonymous. Features a basic list of characteristics for self-evaluation.
- 4011 Your First Meeting A pamphlet aimed at clients of professionals and new members.
- 4012 Information for Professionals An introduction of Co-Dependents Anonymous for the Professional. Ideal for counselors, doctors, or other professionals working in the recovery field. Combined with "Your First meeting" it makes. excellent Outreach Material.
- 4013 Reparenting our Inner Child An excellent introduction to the inner child and healing our old wounds.
- 4014 CoDA Service Endorsed Literature is Vital This pamphlet talks about the importance of using CoDA Service Endorsed Literature at meetings.
- 4104 Establishing Boundaries in Recovery An explanation of different types of boundaries and how they can be established and maintained in a healthy way.

Booklets - multi-page, stapled CoDA Literature

- 4016 Tools for Recovery Members share experience, strength & hope about different tools they've found useful in their recovery.
- 4017 Common Threads of Codependency Codependents talk about their codependency, recovery, relapse and authenticity.
- 4018 Experiences with Crosstalk Experience, strength and hope on what crosstalk is and how some members deal with it.
- 4019 Making Choices Offers guidance in recognizing how to make choices that support our recovery. Explores healthy versus codependent behaviors in various circumstances.
- 4020 Carrying the Message Practical examples of healthy service work essential to the continuation of any meeting and to CoDA as a whole. How to say "yes" to service work.
- 4021 Peeling the Onion Codependents look at love, sex and relationship addiction and avoidance.
- 4022 Building CoDA Community Recommendations that contribute to safe, strong healthy meetings
- 4023 Sponsorship: What's In It For Me? Addresses both sides of sponsorship. Explains why we need sponsors and identifies some of the personal beliefs gained from sponsoring others.
- 4024 The Twelve Piece Relationship Tool kit- The purpose of this booklet is to serve as a companion to CoDA's Twelve Steps and Twelve Traditions Workbook in support of our Tradition Three,
- 4025 Traditionally Speaking This booklet expands our understanding of CoDA's Twelve Traditions.
- 4101 Newcomer Handbook A detailed description of the CoDA program. Includes copies of key documents used in recovery and meetings. In booklet size for easier reading.
- 4103 Twelve Step Handbook A detailed look at each of the Twelve Steps and how they apply to daily life.

Books

- 1002 CoDA Big Book In-depth readings on recovery, Steps & Traditions, our Fellowship, common questions, and Personal stories from codependents.
- 1003 CoDA Pocket Edition Book In-depth readings on recovery, Steps & Traditions. Our fellowship and common questions, without personal stories.
- 1011 In This Moment Has a meditation for each day of the year, written by codependents for codependents.
- 6005 12 Steps and 12 Traditions Workbook Takes the reader through the Steps and Traditions with a brief explanation followed by a series of questions. For individual or group study. Spiral bound.
- 6006 Growing up in CoDA This is about understanding our codependency by exploring, accepting, and healing our childhood injuries and losses.

CoDA Special Items

- 7001 Affirmation Booklet A pocket-size collection of positive affirmation for recovering codependents
- 7002 Serenity Bookmarks Set of four bookmarks with Serenity Prayer
- 7003 CoDA Book of Prayers Opening, Closing, Serenity, Steps and Making Choices Prayer
- 7004 Joy in the Journey Recovery with Color Adult Coloring book featuring exploration of the Twelve Steps, Twelve Traditions And Twelve Promises
- 2205 Institutional Meeting Handbook CoDA Institutional Meeting Handbook CoDA program information & general information for having a CoDA meeting in jails, prisons, and institutions. Free download available at www.coda.org.